



WRAP UP

Wrap up in a T-shirt
and UV protected
sunglasses



SPLAT ON

Put on sun cream
to all parts of your
body and face
before going out
and remember
to reapply



HAT

Always wear a wide
brimmed hat to
keep your face and
neck in the shade



Garnier sun care research
is recognised by the
British Skin Foundation.



national
schools
partnership